









HOUNSLOW HEALTHY FAMILY COURSES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|---|--|--|
|  CHISWICK HALL 17:00 - 19:00 Age 5 - 15 |  CRANFORD COMMUNITY COLLEGE 17:00 - 19:00 Age 5 - 15 |  GROVE ROAD PRIMARY SCHOOL 17:00 - 19:00 Age 5 - 15 |  MARJORY KINNON SCHOOL 17:00 - 19:00 Age 5 - 15 |
|  ONLINE 17:30 - 18:30 Age 9 - 12 |  ONLINE 16.30 - 17:30 Age 5- 8 |  ONLINE 17:30 - 18:30 Age 5- 8 |  ONLINE 16:30 - 17.30 Age 9 - 12 |

You and your family can also book a 1-1 with one of our wellbeing co-ordinators or access loads of great support on our online Academy. For more information and to book your place on any of our programmes just go to www.beezeebodies.com

