

- CREATING HEALTHIER. HAPPIER FAMILIES



Join our FREE after-school groups in Hounslow, starting February 2022.

Our team of family wellbeing experts and nutritionists make learning about healthy eating fun, and have plenty of tricks to help you and your kids turn what you learn into healthy habits for life!

Kids will cook healthy meals, take part in fun games and sports, and make loads of friends!

Parents are supported by our team to handle conflict resolution, and benefit from the support network of likeminded families.



WHERE AND WHEND



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CHISWICK	CRANFORD	HOUNSLOW CENTRAL	FELTHAM
Chiswick Town Hall	Cranford Community College	Grove Road Primary School	Marjory Kinnon School
17:00 - 19:00	17:00 - 19:00	17:00 - 19:00	17:00 - 19:00



CREATING HEALTHIER, HAPPIER FAMILIES IN CHISWICK



Our free after-school groups are coming to Chiswick, Hounslow this February 2022!

Our team of family wellbeing experts and nutritionists make learning about healthy eating fun, and have plenty of tricks to help you and your kids turn what you learn into healthy habits for life!

Kids will cook healthy meals, take part in fun games and sports, and make loads of friends!

Parents are supported by our team to handle conflict resolution, and benefit from the support network of likeminded families.



MONDAYS 17:00 - 19:00

Starting Monday 14th February for 11 Weeks

Chiswick Town Hall

Heathfield Terrace, Turnham Green, W4 4JN

Nearest Buses: 272, 237, 267, 440, H91, E3 Nearest Tube Station: Chiswick Park





CREATING HEALTHIER, HAPPIER FAMILIES IN CRANFORD



Our free after-school groups are coming to Cranford, Hounslow this February 2022!

Our team of family wellbeing experts and nutritionists make learning about healthy eating fun, and have plenty of tricks to help you and your kids turn what you learn into healthy habits for life!

Kids will cook healthy meals, take part in fun games and sports, and make loads of friends!

Parents are supported by our team to handle conflict resolution, and benefit from the support network of likeminded families.



TUESDAYS 17:00 - 19:00

Starting Tuesday 15th February for 11 Weeks

Cranford Community College

High Street, TW5 9PD

Nearest Buses: 105, 111, H28. Nearest Tube Station: Hounslow West





CREATING HEALTHIER, HAPPIER FAMILIES IN HOUNSLOW CENTRAL



Our free after-school groups are coming to Hounslow Central, Hounslow this February 2022!

Our team of family wellbeing experts and nutritionists make learning about healthy eating fun, and have plenty of tricks to help you and your kids turn what you learn into healthy habits for life!

Kids will cook healthy meals, take part in fun games and sports, and make loads of friends!

Parents are supported by our team to handle conflict resolution, and benefit from the support network of likeminded families.



WEDNESDAYS 17:00 - 19:00

Starting Wednesday 16th for 11 Weeks

Grove Road Primary School

Cromwell Road, TW3 3QQ

Nearest Buses: 116, 117, 235, 237, 423, 635, H28 Nearest Tube Station: Hounslow or Hounslow Central





CREATING HEALTHIER, HAPPIER FAMILIES IN FELTHAM



Our free after-school groups are coming to Feltham, Hounslow this February 2022!

Our team of family wellbeing experts and nutritionists make learning about healthy eating fun, and have plenty of tricks to help you and your kids turn what you learn into healthy habits for life!

Kids will cook healthy meals, take part in fun games and sports, and make loads of friends!

Parents are supported by our team to handle conflict resolution, and benefit from the support network of likeminded families.



THURSDAYS 17:00 - 19:00

Starting Thursday 17th for 11 Weeks

Marjory Kinnon School

Hatton Road, TW14 9QZ

Nearest Buses: 116, 203, H25, H26
Nearest Tube Station: Hatton Cross or Heathrow Terminal 4

